



• 12% of construction workers suffer from alcohol use disorder.

• Construction workers hold the second highest suicide rates among all occupations: 53.3/100,000 workers.



**Join us in raising awareness for mental health, substance abuse and addiction recovery. You can help by sponsoring, donating or participating in the hike.**

**When: Saturday, September 12th, 2026**  
**Where: Hurricane Mountain in the Adirondacks**  
**6.8 mile hike, followed by a campfire cookout!**



**BOOK EARLY FOR BEST RATES AND AVAILABILITY!**

Lodging available within 30 minutes of designated meeting area:

**Camp White Face Mountain**  
77 Fox Farm Rd.  
Wilmington, NY 12997

• clean bath/shower house • wifi garden

**\*Starting at \$49 per night/primitive camping**

[Campwhitefacemountain.com](http://Campwhitefacemountain.com)

**Wilmington Notch Campground**  
4953 NYS Route 86  
Wilmington, NY 12997

• bath/shower house • firewood

**\*Starting at \$18 per night/primitive camping**

[Wilmington Notch Campground](http://WilmingtonNotchCampground)

**Magic Pines Campgrounds**  
9298 US 9  
Lewis, NY

• public shower • running water

**\*Starting at \$25 per night/primitive camping**

<https://dec.ny.gov/places/dix-mountain-tract>

**Hampton Inn & Suites Lake Placid**  
801 Mirror lake Drive  
Lake Placid, NY 12946

**\*Starting at \$169 per night**

[Hampton Inn Lake Placid](http://HamptonInnLakePlacid)

**The Hungry Trout Resort**  
5239 NY-86, Wilmington, NY 12997

**\*Starting at \$169 per night**

<https://hungrytrout.com/>





• 15% of all U.S. construction workers have a substance use disorder, nearly double the national average.

• 83% of construction workers have reported experiencing mental health challenges, most commonly anxiety and depression.



\$40 donation, get the shirt without the hike!\*

SPONSOR A HIKER:  
\$50-YELLOW TRAIL  
\$75-BLUE TRAIL  
\$100-RED TRAIL

HIKERS: \$50 REGISTRATION FEE  
(INCLUDES COMMEMORATIVE SHIRT)

9AM REGISTRATION SIGN IN AT  
DESIGNATED LOCATION  
10 AM BOOTS ON THE GROUND!  
RSVP BY AUGUST 8TH, 2026  
NO CASH DONATIONS  
USE QR CODE TO REGISTER AND  
MAKE YOUR DONATION TODAY!

SCAN ME



**\* SPONSOR \* DONATE \* PARTICIPATE \***

\*WHILE SUPPLIES LAST. PICK UP AT UNION HALL ONLY. LIMITED AMOUNTS AVAILABLE.